



22nd May 2023

Dear Parents

Bikeability – Year 6 (current Year 5 pupils)

We have been invited to book 30 places for Year 6 (current Year 5 pupils) for Bikeability in 2023/2024 term 6. Whilst it would be lovely to offer this to every child in Year 6, we know that not everyone will be in a position to take part, as the course expects children to already be able to ride their bike. The course is not designed to teach children how to ride a bike. Every child must have a road worthy bike and a cycling helmet that is certified to the European Standard (EN1078), or preferably certified to Snell B95 standard.

Before we are able to book Bikeability sessions with Kent County Council, we need to see how many children would be interested in taking part. Could I therefore ask you complete the following electronic form by **Thursday 1st June 10.00am** so we can see what level of interest we have. This is a very tight turnaround in order for us to secure the best sessions for that term.

<https://forms.office.com/e/NFPdwf2uDh>

The cost to the parent for the Bikeability Scheme will be £15.00 per child. No money is required at this stage.

Should we have more than 30 children interested, we will allocate on a “names out of a hat” basis, nearer the time.

Kind regards,
Admin Team

Kent County Council Bikeability:

Bikeability cycle training equips children with vital life skills. Pupils not only learn to cycle, they also gain independence, social skills and a sense of wellbeing.

*After Bikeability, children are better at responding to risk and report increased confidence. As a result, more children cycle to school, which in turn improves mental health and wellbeing. This allows children to get more out of the classroom, improving their attention span and engagement. Healthier habits lead to increased attendance and improved academic results. **Bikeability goes beyond a training course; it impacts children's lives.***

A Powerpoint presentation for parents regarding Bikeability is on our school website under NEWS - LETTERS – YEAR 6 LETTERS or via this link:

[Sussex road Primary School - Year 6 Letters \(sussex-road.kent.sch.uk\)](https://www.sussex-road.kent.sch.uk/news-letters/year-6-letters)