

Year 1 Term 1

What can we find out when we explore?

PSHE



How to get help if there is an accident someone is hurt, including how to dial 999 in an emergency and what to say.

Long-term Memory Knowledge:

Name some of the jobs people can do that help to keep us safe, e.g. police officer.

Suggest the most useful person to turn to in different environments, e.g. station guard at the station.

Suggest how to safely approach someone for help and what they might say.

Suggest how to respond safely to an unknown adult.

Have strategies to use when they feel unsafe or worried, e.g. who to talk to, when, etc.

Know that it's important to keep asking for help until they are heard.

Know who to ask for help in the case of an accident, when to dial 999 and what to say.

Key Vocabulary

Safe	To avoid danger and risk
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Emergency	A serious situation that needs help quickly
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Progression in Resources:

Non-fiction books

Informative videos

National Curriculum Links:

How to respond safely and appropriately to adults they may encounter (in all contexts, including online) whom they do not know.

How to recognise and report feelings of being unsafe or feeling bad about any adult.

How to ask for advice or help for themselves or others, and to keep trying until they are heard.

Essential Prior Learning:

Children should know the Police, Ambulance and Fire Service help to keep us safe. Children know that they are **responsible** for helping to keep themselves and others safe at school through their behaviour choices.

Progression in Skill:

People have different roles in the community to help them (and others) to keep safe. The jobs these people do and how they help people.

Who can help them in different places and situations; how to attract someone's attention or ask for help; what to say.

How to respond safely to adults they don't know.

What to do if they feel unsafe or worried for themselves or others; and the importance of keeping on asking for support until they are heard.

Relevance

Now	Children will know to find an adult if they or their peers are hurt at school; they recognise 'safer' adults to approach if their known adult is not available. They will make responsible choices.
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Future	Children will be able to respond to an emergency independently; they will turn to the appropriate services, e.g. fire, police, etc. and recognise when is and isn't an appropriate time to use such emergency services – they will not waste operators time. As they gain greater independence, they will be able to manage risk to reduce the risk of emergency.
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Aspiration	They may choose a career as part of one of the emergency services, or a 999 call operator. They may volunteer for organisations such as the St John's Ambulance.
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