

Year 2 Term 1

What does it mean to survive?

PE Dance



National Curriculum Links:

Perform dances using simple movement patterns.

Essential Prior Learning:

Children can travel, turn, and jump.

Children can link two or more movements together to make a sequence.

Can create actions that travel, change direction and speed such as spinning and gliding.

Children can describe how the music makes them feel and the kind of movements they would do in response to it, e.g. fast, slow.

Progression in Skill:

Principles of dance: travel, turn, jump, levels

Link two or more movements to form a sequence, remember the movement order and perform the sequence.

Explore combining skills such as travel, jump, turn on different levels.

Work with a partner or small group to copy or create formations for the movements.

Describe how the piece of music makes them feel and suggest different movements they can do in response to it, considering height and speed.

Dance improves people's co-ordination.

Know when to start and stop in time to the music.

Michael Flatley became known for creating and

performing Irish dance shows; he formerly held the Guinness World Record for tap dancing 35 times per second.

Long-term Memory Knowledge:

Know how to travel, jump, and turn using different levels.

Link two or more movements to create, remember and perform a short dance sequence and be able to start and stop in time with the music.

Work with others to copy or create simple dance formations.

Respond to music by suggesting and performing movements that match how it makes them feel, thinking about height and speed.

Understand how dance helps improve coordination and control.

Know that Michael Flatley is a famous Irish dancer known for very fast tap dancing.

Key Vocabulary

levels	describe how high or low your body moves during a dance.
sequence	a series of movements put together in a special order.
combine	to put different moves together to make a longer dance.
formation	the shape or pattern dancers make when they stand or move together.
Michael Flatley	a famous Irish dancer.

Progression in Resources:

Speaker, Imoves

Relevance

Now	Enjoy moving using different dance actions and remember simple sequences. Work with others to copy or create fun dance patterns.
Future	Recognise how music and movement make us feel and how it can support someone's wellbeing. They can suggest different movements to match the music's speed.
Aspiration	As adults, be inspired to create dance sequences either for enjoyment or for performances. Show confidence, coordination, teamwork, and perseverance.