

Year 3 Term 1  
**PHYSICAL EDUCATION**  
**Cricket**



**National Curriculum Links:**

Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending  
 Compare their performances with previous ones and demonstrate improvement to achieve their personal best.

**Essential Prior Learning:**

Know that are different games that have different equipment and rules.

**Progression in Skill:**

Hit a static ball with a cricket bat, knowing to use the flat side; stand side on holding the bat with two hands.  
 Bowl a ball underarm into a partner's hands, aiming for between shoulder and waist height.  
 Catch a ball directly bowled to hands,

keeping the body in line with the ball.  
 Runs (points) are scored by a batter running between the wickets; the team that scores the most runs wins; compare this to rounder.

Don Bradman: Learnt how to play cricket in his garden with a golf ball and small stump; considered to be the greatest batsman of all time with a batting average of 99.47%

**Long-term Memory Knowledge:**

Demonstrate how to hold a cricket bat and stand ready to hit a ball.  
 Bowl a ball underarm so that it reaches your partner between their shoulder and waist.  
 Catch a ball that is bowled to you.  
 Know how runs are scored.  
 Know who Don Bradman is and why he was successful.

**Key Vocabulary**

Bowl	To roll or throw a ball
Co - ordination	When your body parts work together to move smoothly and accurately.
Strike	When you hit something hard, like a ball, or knock

	down all the pins in bowling.
Run	A point scored when batters run to the other end of the pitch after hitting the ball.

**Progression in Resources:**

Cricket ball and softer alternatives  
 Cricket bat  
 Stands to hold balls to be hit

**Relevance**

<b>Now</b>	Enjoy playing cricket as a way to get active, have fun, stay healthy and learn new skills.
<b>Future</b>	Join a cricket club or play with friends or family.
<b>Aspiration</b>	Compete in matches, or become a coach or sports leader.