

Year 5 – Term 6

What makes up our identity?

PSHE



About stereotypes and how they are not always accurate and can negatively influence behaviours and attitudes towards others

How to challenge stereotypes and assumptions about others.

Long-term Memory Knowledge:

Sensitively, talk about some of the common similarities and differences between people, recognising what they have in common with others.

Know some of the factors that contribute to a person's identity.

Understand that we are each unique, despite having many things in common with others and that this is our identity – what makes us, us.

Know what a stereotype is, how/why some are formed and how these can be harmful.

Talk about ways to challenge stereotypes safely and sensitively.

Key Vocabulary

ethnicity	belonging to a population group
faith	religion
culture	the ideas, customs, and social behaviour of a particular people or society.
gender	male or female
identity	what a person or thing is
gender identity	a person's innate sense of their gender
stereotype	a fixed image of a particular type of person or thing
assumption	Something accepted as true without proof

Progression in Resources:

My Shadow is Pink

Relevance

Now	Build self-esteem by appreciating what is special about them.
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	Embrace differences in others and to challenge stereotypes to build tolerance.
Future	Become citizens who help to create tolerant societies and are inclusive of others.
Aspiration	Support a political party and vote based on your beliefs. Run for a government office to make a change.

National Curriculum Links:

To recognise their worth as individuals by identifying positive things about themselves and their achievements, seeing their mistakes, making amends and setting personal goals.

To recognise and challenge stereotypes; that differences and similarities between people arise from a number of factors, including cultural, ethnic, racial and religious diversity, gender and disability.

Essential Prior Learning:

There are similarities and differences between all people. Recognise that we all have our own personal qualities: the things that make us, us.

Understand that have a positive self-view can contribute to our feeling of well-being.

Progression in Skill:

How to recognise and respect similarities and differences between people and what they have in common with others.

There are a range of factors that contribute to a person's identity (e.g. ethnicity, family, faith, culture, gender, hobbies, likes/dislikes).

How individuality and personal qualities make up someone's identity (including that gender identity is part of personal identity and for some people does not correspond with their biological sex)