

Year 2 – Term 2

What can we explore in our local area?

PE



National Curriculum Links:

Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities

Essential Prior Learning:

Children can roll and receive a ball.
Children can throw a ball using the underarm technique. Children can begin to catch a ball and kick a ball.

Progression in Skill:

Practice: catching balls of varying sizes and rugby ball, kick. Teach: overarm throwing for distance, Strike with the hand (bounce ball), foot dribbling, hand dribble.

Physical Literacy

Follow the rules of the game, accepting that some will win and some will lose.
Encourage others to keep trying.
Work with a partner to play games and solve challenges. Show willingness to persevere to meet the challenge set. Recognise how different activities make you feel

Long-term Memory Knowledge:

Catch different balls using their hands by pulling the ball towards their body.

Kick a ball towards a target and use their feet to dribble a ball around a space.

Know how to throw a ball using an overarm technique and to understand that we use an overarm throw for long distances.

Use their hands to bounce and dribble a ball.

Understand that games have rules to play fairly and that sometimes you can win or lose a game.

Provide encouragement to others to keep going and not give up.

Work with others to play games and solve problems.

To try their best in an activity and to keep going even if is challenging.

Talk about how an activity makes their bodies feel.

Key Vocabulary:

Catch	To stop and hold a moving object, like a ball.
Overarm throw	To throw a ball by moving the arm above the shoulder.
Bounce	To push a ball up and down.
Kick	To move something with your foot.
Dribble	To move a ball by bouncing the ball with your hand or tapping it with your foot while moving.

Progression in Resources:

Tennis balls, Football, Rugby Ball, Basketball, Cones.

Relevance:

Now	To be apply their ball skills to different games. Play and follow simple game rules while working with others.
Future	To choose the appropriate ball skill for different sports and be able to kick and throw the ball with control and accuracy. Work with others to solve challenges and giving your team members encouragement.
Aspiration	To join a sports team and confidently use their ball skills in games and team activities. Show perseverance, and take part in challenges for fun, fitness, and personal achievement.