

Year 3 Term 2

How useful is the world around us?

PSHE



Progression in Skill:

Know how friendships support well-being and the importance of seeking support if feeling lonely or excluded.

Know how to recognise if others are feeling lonely and excluded and strategies to include them.
Know how to build good friendships, including identifying qualities that contribute to positive friendships.

Know that friendships sometimes have difficulties and how to manage when there is a problem or an argument between friends, resolve disputes and reconcile differences.

Know how to recognise if a friendship is making them unhappy, feel uncomfortable or unsafe and how to ask for support.

Long-term Memory Knowledge:

Recognise the value of friendships and know how to create and keep positive friendships.

Know when others might need friendship support and give examples of how they can do this.

Know that it is normal for friendships to have challenging times and know that there are ways to manage and respond to these situations.

Know how to ask for support when a friendship is making them feel unhappy, uncomfortable or unsafe.

Key Vocabulary

Well-being	Feeling happy, healthy, and safe.
Include	To let someone join in and be part of the group.
Exclude	To leave someone out on purpose.

Conflict	A serious disagreement or argument.
Argument	A disagreement with someone.
Resolve	To fix a problem or make things better again.

Progression in Resources:

Role-play
Circle time discussions
Scenario cards

Relevance

Now	Know what makes a good friend and know that friends can help me feel happy and safe. Notice when someone might be feeling left out and include them in my games.
Future	Talk to someone I trust if I feel lonely or unsafe. Try to be a good friend to others and sort out friendship problems by talking and listening.
Aspiration	Be someone who helps others feel included and cared for. Have strong, happy friendships that last.

National Curriculum Links:

Know how important friendships are in making us feel happy and secure and how people choose and make friends.

Know that healthy friendships are positive and welcoming towards others and do not make others feel lonely or excluded.

Know the characteristics of friendships, including mutual respect, truthfulness, trustworthiness, loyalty, kindness, generosity, trust, sharing interests and experiences and support with problems and difficulties.

Know that most friendships have ups and downs and that these can often be worked through so that the friendship is repaired or even strengthened and that resorting to violence is never right.

Essential Prior Learning:

How to make friends with others.

How to recognise when they feel lonely and what they could do about it.

How people behave when they are being friendly and what makes a good friend.

How to resolve arguments that can occur in friendships.

How to ask for help if a friendship is making them unhappy.