

Year 6 Term 2  
**Tag Rugby**  
**PHYSICAL EDUCATION**



**National Curriculum Links:**

Play competitive games, modified where appropriate, and apply basic principles suitable for attacking and defending.

**Essential Prior Learning:**

The ball needs to be passed backwards.  
 Throw a ball with the necessary power to reach its intended target.  
 Work co-operatively alongside other members of your team.  
 Change direction when moving at pace.

**Progression in Skill:**

When running with the ball, scan the play area to either identify space to move into or a team mate to pass to avoid a defender.  
 Defenders to work as a team to choose how to reduce the space the player with the ball can run into.  
 Use disguise and misdirection to avoid defenders when travelling with the ball.  
 Tag rugby teaches skills such as effective communication, strategic leadership and fast, tactical decision making.  
 When the ball is lost, the team members need to react quickly and communicate with one another to

get into a defensive line; if they don't, the attacking team will have lots of space and likely score a try. Jonah Lomu is widely regarded as one of the greatest and most influential players in the history of the sport, and as one of the most talented sportsmen ever. Midway through his career, he was diagnosed with a serious kidney condition requiring a kidney transplant. He recovered and retrained and continued to play at club level.

**Long-term Memory Knowledge:**

Understand the importance of knowing where your team mates are when in possession of the ball.  
 Show an awareness of where others (team mates and opposition) are on the field of play through your actions.  
 Demonstrate effective team work to reduce the available space for the opposition to run into.  
 Know some of the skills that tag rugby promotes.  
 Understand why Jonah Lomu is regarded as such a great player.

**Key Vocabulary**

<b>disguise</b>	being able to hide what you intend to do (e.g. where you will run or who you will pass the ball to) until the last minute in order to gain an advantage over the opposition
<b>misdirection</b>	deceiving the opposition so that they act in a particular way (e.g. running to a particular part of the pitch or defending a particular player) to then free up space to play

<b>defensive line</b>	a straight horizontal line of defenders, spread out across the pitch to try to reduce the attacking team's chances of scoring.
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**Progression in Resources:**

tag rugby belts and tags  
 rugby balls  
 cones

**Relevance**

<b>Now</b>	Children have the opportunity to develop specific tag rugby skills alongside more general invasion game skills; the game promotes effective communication between team mates and offers opportunities to develop leadership skills; children are exploring different physical activities to find what suits them.
<b>Future</b>	Children understand the importance of physical activity as part of a healthy lifestyle and take part in regular exercise they enjoy; they have good communication and leadership skills and can work effectively as part of a team.
<b>Aspiration</b>	Children don't just lead an active lifestyle, they promote it for others, through coaching, training, etc. They may compete at a high level, representing county or country.