

Year 2 Term 3
What helps us to stay safe?
 PSHE



National Curriculum Links:

The concept of privacy and its implications for both children and adults; including that it is not always right to keep secrets if they relate to being safe.
 How to respond safely and appropriately to adults they may encounter (in all contexts, including online), including those they do and do not know
 How to recognise when a relationship is harmful or dangerous, including skills for recognising who to trust and who not to trust.

Essential Prior Learning:

To know that people have different jobs in our community to help keep us safe.
 To know how to get help in different places and situations and how to respond if they feel unsafe or worried about something.

Progression in Skill:

How rules and restrictions help them to keep safe (e.g. basic road, fire, cycle, water safety; in relation to medicines/household products and online)
 How to identify risky and potentially unsafe situations (in familiar and unfamiliar environments, including online) and take steps to avoid or remove themselves from them
 How to resist pressure to do something that makes them feel unsafe or uncomfortable, including keeping secrets

How not everything they see online is true or trustworthy and that people can pretend to be someone they are not
 How to tell a trusted adult if they are worried for themselves or others, worried that something is unsafe or if they come across something that scares or concerns them.

Long-term Memory Knowledge:

We have rules that we need to follow to help to keep us safe inside our homes and outside of our homes.
 Name some potential risks in places you know and some you don't and suggest ways to keep yourself safe.
 Know what a secret is and what to do if keeping one r knowing one worries you.
 Know it's okay to say no to something that makes you feel uncomfortable and suggest how you can do this.
 Know that not everything online is true and people can pretend to be other people.
 Know who you can talk to if you are worried about something.

Key Vocabulary:

rule	Something you must follow to keep safe and do the right thing.
safety	Being protected from harm or danger.
risk	A chance that something bad might happen
secrets	Something you keep hidden from others
trusted adult	A grown-up you know will help you, like a parent or teacher.
pressure	When someone tries to make you do something you don't want to do.

trustworthy	Believing someone is honest and safe.
danger	Something that can hurt you.
emergency	A very serious problem that needs help quickly.
stranger	Someone you don't know.

Progression in Resources:

Stories
 Fire station

Relevance:

Now	Children know how to keep themselves safe in everyday situations. They understand why rules exist and how to follow them to avoid accidents.
Future	Children learn skills to make safe choices as they grow older, including staying safe online, resisting pressure from others, and recognising unsafe situations. They understand that these skills help them protect themselves and others.
Aspiration	As adults, they will be able to make responsible decisions about their own safety and wellbeing, both offline and online. They will know how to manage risks, seek help when needed, and support others to stay safe.