

Year 3 Term 3
PHYSICAL EDUCATION
Tag Rugby



National Curriculum Links:

Play competitive games and apply basic principles suitable for attacking and defending

Essential Prior Learning:

Throw and catch a ball over different distances.
 When running, be able to maintain balance and change direction.
 Run at different speeds.
 Dodge past opposition players.

Progression in Skill:

Run with the ball in two hands.
 Pass the ball backwards and sideways in isolation, rotating at the hips, keeping the feet facing forwards.
 Run without a ball, focusing on removing a tag from another player.
 TAG rugby promotes fair play because players must be honest when they have been tagged.
 The ball can only be passed sideways and backwards; if passed forwards, it is given to the other team.
 A player must stop once their tag has been removed.
 Portia Woodman was named as the top women's sevens player of the decade. She has been part of multiple team wins, including World Cup 2017 and 2022 and winning gold at the 2020 Tokyo Olympic Games.
 Be able to manage failure.

Celebrate personal successes and those of others.
 Work with a small group to play games and solve challenges.
 Begin to recognise what my own personal best looks like.
 Make choices based on opportunities for success.

Long-term Memory Knowledge:

Know how to move with the ball and keep control of it while travelling.
 Know how to pass the ball safely in the correct direction.
 Know how to take part in tagging activities and what happens when a tag is removed.
 Understand that playing fairly means following the rules and being honest.
 Understand that the ball should only be passed sideways or backwards.
 Know what to do when play stops after a tag.
 Know who Portia Woodman is and name some of her achievements.
 Talk about strategies to manage failure well and how to celebrate your success and that of others.
 Recognise when you have given or achieved your best and talk about how you know.
 Know how to make choices that give the best chance of success.

Key Vocabulary

tag	a strip or ribbon attached to a belt that is pulled to stop a player
pass	to send the ball to another player
backwards	moving or passing in the direction behind you
space	an open area where there are no other players
fair play	playing honestly and following the rules

teamwork	working together with others to achieve a goal
try	a way to score points by placing the ball down in the other team's end zone

Progression in Resources:

Rugby balls, tags and belts

Relevance

Now	Children have opportunities to use the fundamental skills they have been learning in game situations; by improving their skills, they are able to enjoy the games and get greater personal satisfaction.
Future	Children have sufficient motor skills to be able to participate in and enjoy sports as part of a healthy lifestyle, social as well as personal gain.
Aspirations	Children play sport at a high level, possibly professionally; they coach, either professionally or in their local community, supporting others to enjoy an active healthy lifestyle.