

Year 2 Term 4

**How do you know something is good?
PHYSICAL EDUCATION (Basketball)**



National Curriculum Links

Master basic movements including jumping, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities.

Essential Prior Learning

Children can change speed and direction of travel. They have explored throwing and catching balls of various sizes. Understand that some games are team games and demonstrate co-operative working within a team. Have experience of winning and losing a game and begin to explore the feelings associated with both of these.

Progression in Skill

Practise dribbling with both hands to ensure they know which is their dominant hand. Shoot a ball to land into a target on the ground. Move into a space to receive the ball. Look for team-mates in a space to pass to. Pass a soft ball from the chest, using the W shape. Follow the rules of the game, accepting that some will win and some will lose. Encourage others to keep trying. Work with a partner to play games and solve challenges. Show willingness to persevere to meet the challenge

set.
Recognise how different activities make you feel. LeBron James widely recognised as one of the greatest players in the sport's history; has been playing at the highest level for over 20 years.

Long-term Memory Knowledge

Demonstrate how to dribble a ball and show a preference for using either the right or left hand. Aim a ball towards a target. Show an awareness of the surroundings to see where to move to receive the ball or where a team-mate is to pass to. Demonstrate a chest pass and the W-shape grip. Understand that it is important to be gracious when winning and accepting of defeat – even if these things are hard to do! Work with others to solve problems. Keep going even if something is challenging. Talk about how an activity makes their bodies feel. Know that LeBron James was a professional basketball player and that he was very successful.

Key Vocabulary

dribbling	move a ball by bouncing it with one hand
dominant hand	the hand you are the best at using
target	the place you are aiming for the ball to land
receive	to catch or stop the ball when someone passes it to you
chest pass	pushing the ball from your chest
Lebron James	one of the greatest basketball players in history
pass	give the ball to someone else

Progression in Resources:

basketball hoops
soft balls
cones
hoops

Relevance

Now	Children learn how to move whilst keeping control of a ball and have greater accuracy in throwing the ball to a target or a team-mate, meaning they are better able to be successful and, therefore, develop a greater enjoyment of team sports; children understand that it's okay to lose and develop their ability to manage the associated feelings.
Future	Children understand the importance of physical activity for the mind body and associate team sports with enjoyment and a way to socialise.
Aspiration	Children may want to join a basketball club or try other sports; they engage in activities that promote lifelong fitness, coordination and teamwork; they may choose to work with in the fitness industry or even be able to play competitive sports professionally.