

Year 4 Term 4
PHYSICAL EDUCATION
Cricket



National Curriculum Links:

Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending.
 Compare their performances with previous ones and demonstrate improvement to achieve their personal best.

Essential Prior Learning:

Hit a static ball with a bat, using the correct side of the bat.
 Bowl a ball underarm into a partner's hands.
 Catch a ball directly bowled to hands.

Progression in Skill:

Using the correct grip and stance, hit a ball that has bounced using a straight drive.
 Bowl underarm to the stumps or batter.
 Catch the ball without injury, creating a cup with the hands, keeping little fingers together and pulling the ball into the chest when receiving.
 Wicket keepers crouch, keeping their weight in the balls of their feet, hands ready to catch.

Cricket matches can last for several days – they require high levels of concentration and endurance. Wicketkeeping develops agility and reflexes. A batter is out when the ball is caught, the wicket is hit by the ball when bowled or stumped; compare this to rounders.
 When batting, lean forward or step back to strike the ball.
 Use a straight drive to hit the ball in front of you. Wicketkeepers stand behind the stumps with the aim of catching balls that have passed the batter. Ellyse Perry is one of the greatest female cricketers: an all-rounder who was the first player to amass 1000 and take 100 wickets.
 Motivate others to work towards their personal best.

Long-term Memory Knowledge:

Hold a cricket bat correctly and hit a ball, adopting the correct stance.
 Bowl underarm.
 Catch a ball correctly, thereby avoiding injury.
 Demonstrate the position wicketkeepers adopt and explain why they do so; talk about how wicketkeeping develops agility and reflexes and what their role is in the game.
 Explain why cricket matches require concentration and endurance.
 Know the ways in which a batter can be 'out.'
 Know why Ellyse Perry is considered such an amazing player.
 Demonstrate teamwork through supporting others.

Key Vocabulary	
wicket keeper	a person, who is positioned behind the wicket, who is responsible for stopping the ball passing the batsman and responsible for stumping out.
batter	person who hits the ball with a bat to score runs and prevent the loss of one's wicket.
stump	three vertical posts that support the bails and form the wicket.

Progression in Resources:

Bat (appropriately sized for the child), soft balls, wicket, stumps

Relevance

Now	Through developing their confidence and skills, children get greater pleasure from being physically active and do so through choice; they understand the importance of encouraging others, rather than being critical, to get the best performance.
Future	Children enjoy physical activity and the associated health and well-being benefits; they choose to be active and can play team games co-operatively.
Aspiration	Children will play for local teams and belong to cricket communities. They will try out for county teams and play competitively.