

Year 4 Term 4  
**PHYSICAL EDUCATION**  
**TAG Rugby**



**National Curriculum Links**

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

Use running, jumping, throwing and catching in isolation and in combination.

Play competitive games, modified where appropriate, and apply basic principles suitable for attacking and defending.

**Essential Prior Learning**

Run with the ball in two hands.

Pass the ball backwards and sideways in isolation, using appropriate body positioning.

Know that players are expected to be honest when a tag has been removed.

Know that the ball can only be passed sideways and backwards; if passed forward, it is given to the other team.

Know that a player must stop once their tag has been removed.

**Progression in Skill**

Run with the ball in two hands, placing it down with two hands to score.

Pass the ball backwards and sideways whilst moving, rotating at the hips, keeping the feet facing forwards.

Run without a ball, focusing on removing a tag from the player with the ball.

Avoid being tagged by a defender through dodging techniques.

Pick up a ball from the ground without stopping.

The high levels of activity in the game promotes bone and muscle strength as well as co-ordination.

Each team is aiming to score a try (a point) in the opposition's end; whoever scores the most, wins.

Players can only be tagged when they have possession of the ball.

Dan Carter is the highest point scorer in test match rugby and regarded as the best fly half in the history of the game; he suffered multiple serious injuries and took time out to recover and retrain, playing again at an international level.

Win and lose graciously.

**Long-term Memory Knowledge**

Demonstrate how to score by running with the ball and placing it down using both hands.

Demonstrate passing the ball backwards and sideways whilst moving.

Be able to remove a tag from another player during games that don't use a ball.

Avoid having your own tag removed by dodging.

Be able to pick up a ball from the ground whilst moving.

Talk about some of the ways in which playing rugby can develop bone and muscle strength as well as co-ordination.

Know that the aim is to score tries by placing the ball down in the opposition's end.

Know when a player can be tagged.

Know why Dan Carter is an inspirational person in the rugby world.

Show grace when both winning and losing.

**Key Vocabulary**

<b>rugby ball</b>	an oval shaped ball
<b>tag</b>	a strip of fabric attached to a Velcro belt worn by a player
<b>opposition</b>	a team that you play against
<b>possession</b>	your team having the ball in their hands

**Progression in Resources**

rugby ball  
tags & belts  
cones

**Relevance**

<b>Now</b>	Through developing team and ball skills, children get further enjoyment from being active and will seek to engage in physical activity at school and outside of school for pleasure; they may watch and enjoy rugby with family and friends.
<b>Future</b>	Children are physically active because they enjoy it and understand its benefits for their health and well-being.
<b>Aspiration</b>	Children play regularly for pleasure, competition or to improve their strength and fitness. Children play a high level of rugby, inspiring others.