

Hindleap Warren Residential



Developing self-confidence, skills, teamwork, resilience and well-being in an outdoor learning environment

Transport and Drop-off

 **Hindleap RH18 5JH**



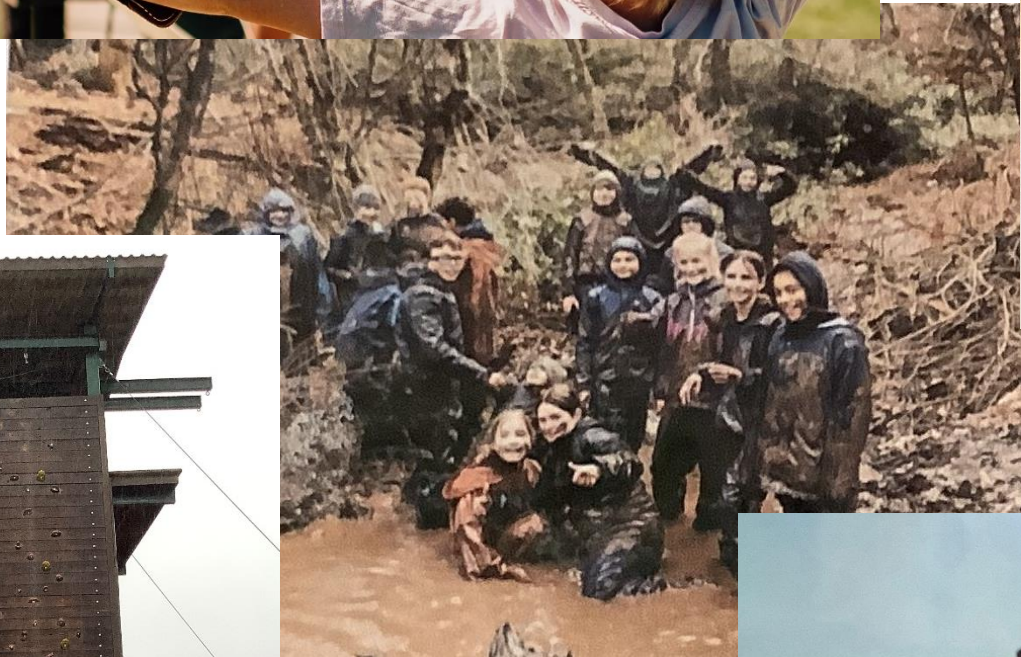
Activity timetable



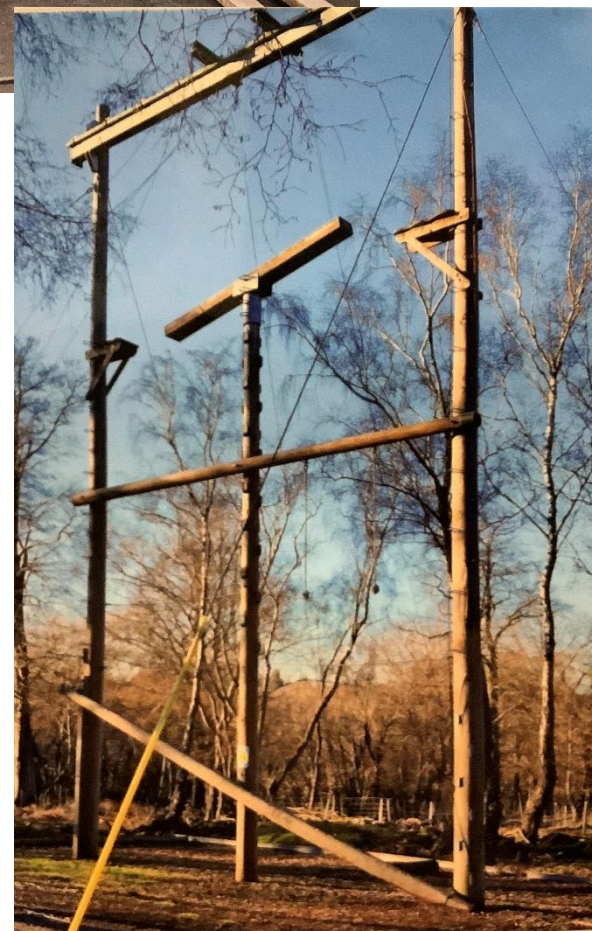
Hindleap Warren East Sussex Centre - Activity Programme

Organisation Name: Sussex Road Community Primary School | Number Of Groups: 6 | Nights: 2 | Arrival Date: 11:00, 16 Mar 2026 |
 Departure Date: 14:00, 18 Mar 2026

Session	Time	11 Sussex Road	12 Sussex Road	13 Sussex Road
Monday 16 Mar				
Mon	11:00 - 12:00	** Welcome & Introduction **	** Welcome & Introduction **	** Welcome & Introduction **
Mon	13:30 - 15:00	Climbing Tower	Team Building	Archery
Mon	15:15 - 16:45	Team Building	Seesaw Course	Team Building
Mon	19:00 - 20:00	Night Walk	Night Walk	Night Walk
Session	Time	11 Sussex Road	12 Sussex Road	13 Sussex Road
Tuesday 17 Mar				
Tue	08:45 - 10:15	Forest Adventure	Forest Adventure	Forest Adventure
Tue	10:30 - 12:00	Forest Adventure	Forest Adventure	Forest Adventure
Tue	13:30 - 15:00	Archery	Climbing Tower	Seesaw Course
Tue	15:15 - 16:45	Seesaw Course	Archery	Climbing Tower
Session	Time	11 Sussex Road	12 Sussex Road	13 Sussex Road
Wednesday 18 Mar				
Wed	09:15 - 10:45	Team Challenge	Team Challenge	Team Challenge
Wed	11:00 - 12:00	End of Course Review	End of Course Review	End of Course Review
Wed	14:00 - 15:00	** Depart **	** Depart **	** Depart **



Activities



Bedrooms

- Sleep up to 6 (three bunk beds)
- Children will make their own beds.



Food

- Packed lunch picnic on Monday – brought from home
- Breakfast – continental & hot option
- Cold buffet lunch
- Hot buffet dinner – pizza, burgers, chips, salad, etc.
- *Allergies/intolerances/dietary requirements: please complete the dietary form and talk to your child's teacher if you have any questions or concerns over food.*





FOOD ALLERGY AND INTOLERANCES

If you want a SPECIAL ALLERGY OR INTOLERANCE requirement, please call us ahead.

If you have an allergy, please speak to a member of our team when choosing your meal.

The kitchen staff would love to help you adjust to our menu, but please note that we cannot guarantee a safe meal for all your allergies.



Self-Service

FOOD ALLERGY & INTOLERANCES

There is a risk of cross contamination in this self service area.

If you have an allergy please speak to a member of our team prior to choosing your meal.



PROGRAMME

Hindleap Warren East Sussex Centre - Activity Programme
 15-20, 13 Feb 2026

Organization Name: [redacted] | Number Of Groups: 4 | Nights: 2 | Arrival Date: 11:00, 11 Feb 2026 | Departure Date: [redacted]

Session	Time	7 Dulwich	8 Dulwich	9 Dulwich	10 Dulwich
Wed	11:00 - 12:00	** Welcome & Introduction **	** Welcome & Introduction **	** Welcome & Introduction **	** Welcome & Introduction **
Wed	13:15 - 14:45	Pioneering	Team Building	Team Building	Obstacles
Wed	15:00 - 16:30	Team Building	Pioneering	Gladiator	Team Building
Wed	19:00 - 21:00	Night Walk	Night Walk	Night Walk	Night Walk
Session	Time	7 Dulwich	8 Dulwich	9 Dulwich	10 Dulwich
Thu	08:45 - 10:15	Crate Stack (Woods)	Obstacles	Forest Adventure	Forest Adventure
Thu	10:30 - 12:00	Gladiator	Crate Stack (Woods)	Forest Adventure	Forest Adventure
Thu	13:15 - 14:45	Forest Adventure	Forest Adventure	Crate Stack (Woods)	Pioneering
Thu	15:00 - 16:30	Forest Adventure	Forest Adventure	Obstacles	Gladiator
Session	Time	7 Dulwich	8 Dulwich	9 Dulwich	10 Dulwich
Fri	08:45 - 10:15	Obstacles	Gladiator	Pioneering	Crate Stack (Woods)
Fri	10:30 - 12:00	Earth Walk	Earth Walk	Earth Walk	Earth Walk
Fri	13:15 - 14:45	Team Challenge	Team Challenge	Team Challenge	Team Challenge
Fri	15:30 - 16:30	** Depart **	** Depart **	** Depart **	** Depart **

PLEASE NOTE THAT CHANGES TO THE ORDER OF ACTIVITIES MAY BE NECESSARY UP UNTIL YOUR ARRIVAL WITH US
 Date Created: 11 Feb 2026

Dulwich MEAL TIMES

Breakfast

8:10

Lunch

12:30

Dinner

17:45 (5:45pm)

Please be **AWARE...**
 that some **SALADS..**
 may contain
 fish, eggs,
 wheat or dairy
PLEASE ASK...
 KITCHEN

HINDLEAP WARREN WASTE

Please ensure guidance is followed and please waste in the correct bins as detailed below:

RECYCLED WASTE

- Cardboard
- Paper
- Clean / Empty Plastic Bottles, Pops, Tins, Film
- Clean / Empty Food Tins & Drink Cans
- Empty Aerosol Cans
- Clean Aluminium Foil and Foil Trays
- Steel and Aluminium Jar / Bottle Lids

NOTE: Clear bags ONLY

FOOD WASTE

- Any Leftover Food
- Tea Bags
- Dishes/Cravings
- Plate Scrapings
- Pasta / Oil / Jugs

NOTE: No Used Paper / Sheets, Empty Food Containers / Packaging, Large Brandy Cans, Use clear bags ONLY

GLASS WASTE

- Clean Glass Bottles (All Colours)
- Clean Glass Jars (All Colours)

NOTE: No Chalkboard, Glasses, Pyrex, Smart Cans, Mirrors, Lightbulbs, Mexico Bottles / Jar Lids

GENERAL WASTE

- Contaminated Items (Food Containers / Packaging, Crusts and Baked Packaging)
- Hand Towels

NOTE: All items that cannot be recycled. Use Black Bags

Food Waste bins are available in the Dining Room, Tea Point, Reception, Jimmy Dixon Wing, Middle Zone, Yellow, Blue, and Green Zones
 Glass Recycling bins are available in the Reception, Middle Zone, and New Build Lounge
 Recycled and General Waste bins are available across the site
 Please **DO NOT** remove bins from their dedicated location
 Failure to follow guidance could lead to waste not being collected and financial penalties



*Cleaning the hall after meals.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Hydration	Flavored Water	Flavored Water	Flavored Water	Flavored Water	Flavored Water	Flavored Water	Flavored Water
Hot Items	Selection of Cheesecake or Pastry & Gelato	Scrambled eggs, Toasted Biscuits, Fruit Smoothie	Scrambled eggs, Toasted Biscuits, Fruit Smoothie	American T-bone Protein, Maple Syrup, Cheddar Sauce	Scrambled Eggs, Bacon, Maple Syrup, Breakfast Sausage	Scrambled Eggs, Bacon, Maple Syrup, Breakfast Sausage	Selection of Cheesecake or Pastry & Gelato
Daily Special	House made Panini, Grilled Cheese, Maple Syrup	House made Panini, Grilled Cheese, Maple Syrup	House made Panini, Grilled Cheese, Maple Syrup	House made Panini, Grilled Cheese, Maple Syrup	House made Panini, Grilled Cheese, Maple Syrup	House made Panini, Grilled Cheese, Maple Syrup	House made Panini, Grilled Cheese, Maple Syrup
Daily Breakfast Items	A Selection of Cereals with Milk, Fruit, Yogurt, Smoothie, Toast & preserves	A Selection of Cereals with Milk, Fruit, Yogurt, Smoothie, Toast & preserves	A Selection of Cereals with Milk, Fruit, Yogurt, Smoothie, Toast & preserves	A Selection of Cereals with Milk, Fruit, Yogurt, Smoothie, Toast & preserves	A Selection of Cereals with Milk, Fruit, Yogurt, Smoothie, Toast & preserves	A Selection of Cereals with Milk, Fruit, Yogurt, Smoothie, Toast & preserves	A Selection of Cereals with Milk, Fruit, Yogurt, Smoothie, Toast & preserves
	Fruit salads, Whole Fruit	Fruit salads, Whole Fruit	Fruit salads, Whole Fruit	Cut & whole Fruit	Cut & whole Fruit	Fruit salads, Whole Fruit	Fruit salads, whole Fruit

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main Course 1	"Meat & Toney" Jambalaya with your choice of Tasty toppings	Hot Dog Feast	Hot Dog Feast	Hot Dog Feast	Hot Dog Feast	Hot Dog Feast	Hot Dog Feast
Main Course 2	Pasta with Tomato sauce	Pasta with Tomato sauce	Pasta with Tomato sauce	Pasta with Tomato sauce	Pasta with Tomato sauce	Pasta with Tomato sauce	Pasta with Tomato sauce
On The Side	Chili Beef, Vegan Chili, Baked Beans, Grilled Cheddar Cheese	Waffle fries, Grilled Cheese, Fried Onions	Waffle fries, Grilled Cheese, Fried Onions	Garlic bread	Fresh Fruit, Garden peas, Pasta salad	Italian Herbic Potatoes	Chili Beef, Vegan Chili, Baked Beans, Grilled Cheddar Cheese
Jacket / Pasta	Penne with Tomato sauce	Jacket potatoes with baked beans, Grilled Cheddar Cheese	Jacket potatoes with baked beans, Grilled Cheddar Cheese	Jacket potatoes with baked beans, Grilled Cheddar Cheese	Penne with Tomato sauce	Jacket potatoes with baked beans, Grilled Cheddar Cheese	Penne with Tomato sauce
Salad Bar	A selection of seasonal Chef's special salads	A selection of seasonal Chef's special salads	A selection of seasonal Chef's special salads	A selection of seasonal Chef's special salads	A selection of seasonal Chef's special salads	A selection of seasonal Chef's special salads	A selection of seasonal Chef's special salads
Dessert	House Cake, Fresh whole Fruit Salad	House Cake, Fresh whole Fruit Salad	House Cake, Fresh whole Fruit Salad	House Cake, Fresh whole Fruit Salad	House Cake, Fresh whole Fruit Salad	House Cake, Fresh whole Fruit Salad	House Cake, Fresh whole Fruit Salad

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main Course	Australian Pork, Merguezine, Vegan Cheese Chicken	Australian Miso Chicken, Kaniwa, Vegetable Kaniwa	Spaghetti with Pork, Noodles & hot tomato sauce, Spaghetti with Nuts, Merguezine, hot tomato sauce	Australian Chicken, Figs, Veggie Fajitas	Pork Merguezine	Australian Miso Chicken, Kaniwa, Vegetable Kaniwa	
On the Side	Side On French Fries, Pasta	Banana Rice, Popcorn	Garlic bread, Grilled vegetables	Mozzarella, Brie, Potato	Waffle fries, Grilled cheese, Fried Onions	Banana Rice, Popcorn	
Salad Bar	House Garden Salad, Grilled Cheese	House Garden Salad, Grilled Cheese	House Garden Salad, Grilled Cheese	House Garden Salad, Grilled Cheese	House Garden Salad, Grilled Cheese	House Garden Salad, Grilled Cheese	
Something Sweet	Apple Cider	Chocolate Chip Cake	Garlic Cakes	Waffle Cakes	Ice Cream	Chocolate Sponge	
	Whole Fruit Smoothie	Whole Fruit Smoothie	Whole Fruit Smoothie	Whole Fruit Smoothie	Whole Fruit Smoothie	Whole Fruit Smoothie	

FOOD WASTE

It's as simple as 1, 2, 3

1

2

3

I'm a small portion

I'm an average portion

I'm a larger portion

Tell or show staff the number you have chosen for the portion you would like

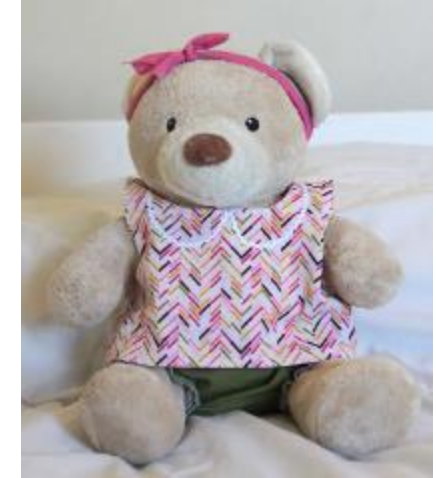
Kit list

Suggested Kit List: (essentially, lots of Forest School kit)

- T-Shirts
 - Jumpers/Sweatshirts
 - Trousers (not jeans)
 - Underwear/socks
 - Shorts
 - Pyjamas/nightwear
 - Waterproof coat and trousers
 - Warm coat
 - Hat/gloves
 - Outdoor Shoes – Wellies and another pair of outdoor shoes
 - Indoor shoes (to wear around building)
 - Water bottle & packed lunch for the first day
 - Teddy Bear
 - Towel
 - Wash kit: toothpaste, toothbrush, shower gel, etc.
 - Sun cream/sun hat (warm weather gear)
 - Woolly hat/gloves (cold weather gear)
- ALL BEDDING IS PROVIDED**
- Carrier/bin bags for taking wet/dirty clothing home
 - A quiet activity – book, card game (Uno, Dobble, etc)

Hindleap Warren have a small selection of waterproofs to lend if needed.

There is a very efficient 'drying room' for overnight use - All equipment for activities will be supplied.



No electronic devices
No food or snacks



Programme

Hindap Warren East Sussex Centre - Activity Programme	
Day	Activity
Monday	Obstacles
Tuesday	Forest Adventure
Wednesday	High Adventure
Thursday	Watersports
Friday	Pentagon

Mon - Dry 9°

Tues - Wet 10°

Weds - Wet 10°

Thurs - Wet 10°

Fri - Dry 8°

GREENSLADE

Breakfast

08:00

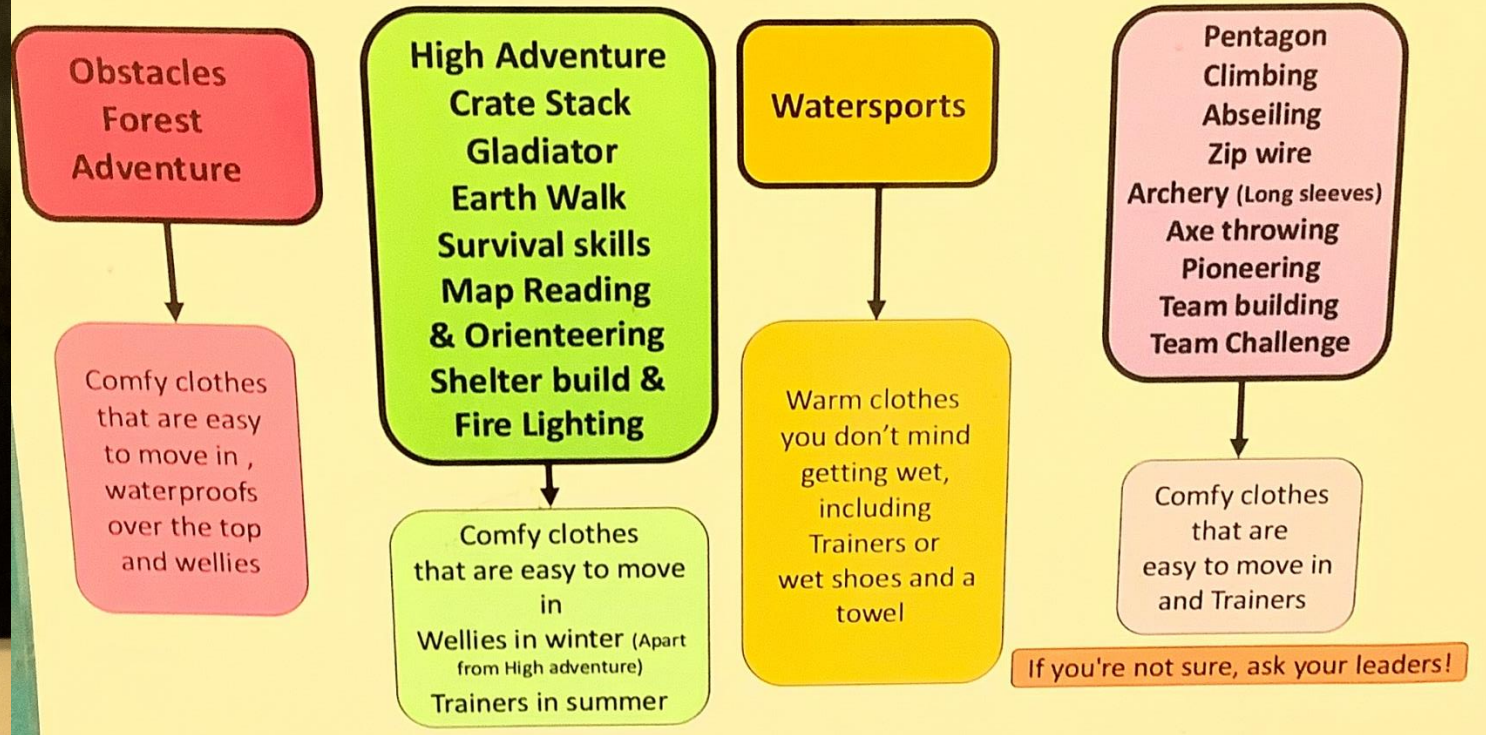
Lunch

12:20

Dinner

17:35 (5:35pm)

What to wear!



Drying areas



Medicines

- MUST be in original packaging.
- Include clear instructions:
 - e.g. 1 x tablet to be given every morning and evening with food
1 x 5ml every four hours if needed
- Be given by an adult to an adult, either in the week before the residential or on arrival at Hindleap Warren.
- If you would like us to take the medication we hold in school for your child (e.g. inhaler, epipen), please speak with the class teacher – do not assume we will automatically take it!

Any individual questions/concerns, please see class teachers.



Downtime



Sensory room



Bedtime

- Between 8:30 – 9pm
 - Lights out in rooms
 - Door left ajar until all children are asleep
 - Bed wetting - There is spare bedding in each area. No one will know there has been an accident.
-
- In the morning, children are not to exit rooms until an adult knocks.

Security



Hindleap grounds are private, and the Centre is in a rural location. The following security arrangements are in operation.

- All visitors to the Centre are required to sign in at reception and wear visitor badges.
- Zone doors are locked by an electronic fob system issued to visiting staff.
- We have private grounds with no unauthorised public access.
- A Duty Instructor staffs the building at night and sleeps overnight in the main building to support visiting staff.
- We have CCTV monitoring the entry and approaches to the building.
- Radios are taken on all sessions.

Collection

- 2pm Wednesday 18th March
- Same place as drop-off
in front of Reception
- Make sure to collect all medication