

Year 3 Term 1
PHYSICAL EDUCATION
Cricket



Don Bradman learnt how to play cricket in his garden with a golf ball and small stump; he is considered to be the greatest batsman of all time with a batting average of 99.47%.

Work with a small group to play games and solve challenges.

Make choices based on opportunities for success, e.g. choosing a larger tennis racket knowing you are more likely to be successful in hitting the ball.

Long-term Memory Knowledge:

Demonstrate how to hold a cricket bat and stand ready to hit a ball.

Hit a static ball using the flat side of a cricket bat.

Bowl a ball underarm so that it reaches your partner between their shoulder and waist.

Catch a ball that is bowled directly to you.

Know how runs are scored.

Know who Don Bradman is and why he is considered to be such a great cricketer.

Key Vocabulary

bowl	roll or throw a ball
co-ordination	when your body parts work together to move smoothly and accurately
strike	when you hit something hard, like a ball, or knock down all the pins in bowling
run	a point scored when batters run to the other end of the pitch after hitting the ball

Progression in Resources:

Cricket ball and softer alternatives

Cricket bat

Stands to hold balls to be hit

Relevance

Now	Enjoy playing cricket as a way to get active, have fun, stay healthy and learn new skills. Bat and ball skills are developed to allow children to enjoy similar games with a reasonable degree of success.
Future	Children have sufficient skill with bats and balls to be able to play cricket or similar striking and fielding games socially and with family: they encourage their children to be active.
Aspiration	Children play for a cricket team: either professionally or for fun; they coach others in the sport – either a professional side or volunteering in the local community.

National Curriculum Links:

Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending

Compare their performances with previous ones and demonstrate improvement to achieve their personal best.

Essential Prior Learning:

Know that are different games that have different equipment and rules.

Progression in Skill:

Hit a static ball with a cricket bat, knowing to use the flat side; stand side on holding the bat with two hands.

Bowl a ball underarm into a partner's hands, aiming for between shoulder and waist height.

Catch a ball directly bowled to hands, keeping the body in line with the ball.

In order to strike the ball with accuracy, hand-eye co-ordination needs to be developed.

Runs (points) are scored by a batter running between the wickets; the team that scores the most runs wins; compare this to rounders.