23rd October 2026

Dear Parents

Bikeability – Year 6

We have been able to secure 32 places for Bikeability which will be held in January 2027, during the school day. Whilst it would be lovely to offer this to every child in Year 6, we know that not everyone will be in a position to take part, as the course expects children to already be able to ride their bike. The course is not designed to teach children how to ride a bike. Every child must have a road worthy bike (2 working brakes) of an appropriate size and a cycling helmet that is certified to the European Standard (EN1078), or preferably certified to Snell B95 standard.

If you are interested in your child taking part in Bikeability, could I ask you complete the following electronic form by **Sunday 15th November at the latest.**

EXPRESS OF INTEREST FORM:

BIKEABILITY 2027 - Sussex Road Primary School - Year 6 - EXPRESS OF INTEREST FORM – Fill out form

There is no cost to the parent for the January Bikeability Scheme.

Should we have more than 32 children interested, we will allocate on a "names out of a hat" basis, nearer the time.

Thank you for your continued support,

Year 6 Teachers

Kent County Council Bikeability:
Bikeability cycle training equips children with vital life skills. Pupils not only learn to cycle, they also gain independence, social skills and a sense of wellbeing.

After Bikeability, children are better at responding to risk and report increased confidence. As a result, more children cycle to school, which in turn improves mental health and wellbeing. This allows children to get more out of the classroom, improving their attention span and engagement. Healthier

habits lead to increased attendance and improved academic results. ***Bikeability goes beyond a training course; it impacts children's lives.***