

National Curriculum Links:

Describe some examples of what Hindus do to show their faith and make connections with some Hindu beliefs and teachings about aims and duties in life. Describe some ways in which Hindus express their faith through puja, aarti and bhajans.

Suggest at least two reasons why being a Hindu is a good thing in Britain today and two reasons why it might be hard sometimes.

Discuss links between the actions of Hindus in helping others and ways in which people of other faiths and beliefs, including pupils themselves, help others.

Essential Prior Learning:

Hinduism is one of the world's major religions. Hinduism is a polytheistic religion: its followers believe in more than one god.

Some Hindus live in Britain.

Progression in Skill:

Describe puja and how it shows the Hindu faith. Make connections with some Hindu beliefs and teachings about aims and duties in life. Describe some ways in which Hindus express their faith through puja, aarti and bhajans. Suggest at least two reasons why being a Hindu is a good thing in Britain today and two reasons why it might be hard sometimes. Discuss links between the actions of Hindus in helping others and ways in which people of other faiths and beliefs, including pupils themselves, help others. Describe how the life of Ghandi shows Hindu beliefs in action.

Long-term Memory Knowledge:

Hinduism is a way of life rather than a set of beliefs; this differentiates it from Christianity, Judaism and Islam as a religion.

Hindu people believe in reincarnation: you can be reborn as any living thing, depending on the life you have led; the cycle continues until you are reunited with God.

Britain controlled India with force for approximately 200 years which led to injustices and inequality in the country; Gandhi refused to accept these injustices but protested peacefully; he was instrumental in India gaining independence from Britain.

After the Second World War, the British government asked workers from India and Pakistan (as well as the Caribbean) to settle in Britain and help rebuild the country.

It can be difficult for Hindu people living in Britain because they are living across two cultures.

Key Vocabulary	
puja	the act of worship
mandir	a Hindu temple
murti	a statue of a Hindu god or deity
deity	a god or goddess
Bhagavad Gita	one of the holy scriptures of
	Hinduism
ОМ	a mystic symbol associated with
	Hinduism
aarti	a Hindu ceremony
bhajan	a devotional song

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punusharthas	the collective name for the four
	goals Hindus should aim for in life
dharma	one of the four goals: duty/ethics
artha	one of the four goals:
	prosperity/wealth
karma	one of the four goals:
	deeds/actions (can be 'good' or
	'bad')
moksha	one of the four goals: release from
	the cycle of rebirth
reincarnation	the rebirth of the soul in another
	being

Progression in Resources:

artefacts common to many Hindu families living in Britain; contact with Hindus living in Britain – either virtually or in person

Relevance	
Now	Children learn more about a religion
	that may not be their own in order to
	develop understanding of others; they
	understand why some parts of Britain
	have a high Hindu population.
Future	As adults, children are tolerant of those
	that follow a religion that may not be
	their own and respectful in their
	interactions with others; they are
	happy to take part in celebrations from
	other cultures and understand we can
	all learn from one another.
Aspiration	Children develop an interest in religion
	 whatever their personal beliefs – and
	work with others to promote religious
	tolerance through community projects.