

# WEEKLY MENU



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### WEEK 1

15TH APR  
13TH MAY  
17TH JUNE  
15TH JULY  
2ND SEPT  
30TH SEPT

Cheese & Tomato Pinwheel 1.7 V  
Sweet Potato & Bean Pie VG  
Jackets with a  
Choice of Toppings 7.8,9  
Baked Potato Wedges  
Peas, Carrots  
Peach Crumble 1 VG  
& Custard 7  
Mr Nourish Biscuit 1 VG  
Yoghurt 3.7, Fruit Pots VG

Beef & Onion Pie 1  
Cheesy Pasta Twists 1.7 V  
Jackets with a  
Choice of Toppings 7.8,9  
New Potatoes  
Seasonal Vegetables  
Strawberry Mousse 7  
Mr Nourish Biscuit 1 VG  
Yoghurt 3.7, Fruit Pots VG

Roast Gammon & Gravy  
Bean Chilli with  
Baked Tortilla Chips 1 VG  
Rustic Roast Potatoes  
Broccoli, Sweetcorn  
Cornflake Cookie 1.7  
Mr Nourish Biscuit 1 VG  
Yoghurt 3.7, Fruit Pots VG

Chicken Fajitas 1.4  
Tomato Spaghetti 1 VG  
Jackets with a  
Choice of Toppings 7.8,9  
Rice  
Cauliflower, Carrots  
Traybake Pancake 1.7,9  
& Berry or Chocolate Sauce  
Mr Nourish Biscuit 1 VG  
Yoghurt 3.7, Fruit Pots VG

Margherita Pizza 1.3,7,9 V  
Salmon Pasta 1.7,8  
Chips, Peas  
Baked Beans  
Carrot Sticks  
Oaty Biscuit 1.15 VG  
Yoghurt 3.7  
Fruit Pots VG

### WEEK 2

22ND APR  
20TH MAY  
24TH JUNE  
22ND JULY  
9TH SEPT  
7TH OCT

Chicken Pie 1  
Pesto Pasta Bake 1.7 V  
Jackets with a  
Choice of Toppings 7.8,9  
New Potatoes  
Seasonal Vegetables  
Ice Cream 7  
Mr Nourish Biscuit 1 VG  
Yoghurt 3.7, Fruit Pots VG

BBQ Pulled Pork Loaded Wedges  
Herby Tomato Penne Pasta 1 VG  
Jackets with a  
Choice of Toppings 7.8,9  
Sweetcorn  
Courgettes  
Chocolate Pudding 1.9  
& Chocolate Sauce 7  
Mr Nourish Biscuit 1 VG  
Yoghurt 3.7, Fruit Pots VG

Roast Chicken & Gravy  
BBQ Vegetable Burrito 1 VG  
Rustic Roast Potatoes  
Cabbage  
Carrots  
Fruit Jelly VG  
Mr Nourish Biscuit 1 VG  
Yoghurt 3.7, Fruit Pots VG

Macaroni Cheese 1.7 V  
Vegetable Hot Pot 1.6 VG  
Jackets with a  
Choice of Toppings 7.8,9  
Carrots, Green Beans  
Garlic Bread 1.3,7,9  
Peach Sponge 1.9  
Mr Nourish Biscuit 1 VG  
Yoghurt 3.7, Fruit Pots VG

Fish Fingers 1.8  
Cheese & Spinach Pinwheel 1.7 V  
Chips, Peas  
Baked Beans  
Coleslaw 9  
Ginger Biscuit 1 VG  
Yoghurt 3.7  
Fruit Pots VG

### WEEK 3

29TH APR  
3RD JUNE  
1ST JULY  
16TH SEPT  
14TH OCT

Sweet Chicken Curry  
Cheesy Pasta 1.7 V  
Jackets with a  
Choice of Toppings 7.8,9  
Rice, Seasonal Vegetables  
Herby Bread 1.3,7,9  
Apple Crumble 1 VG & Custard 7  
Mr Nourish Biscuit 1 VG  
Yoghurt 3.7, Fruit Pots VG

Sausage Roll 1.6  
Quorn Sausage & Gravy 1 VG  
Jackets with a  
Choice of Toppings 7.8,9  
Mashed Potato  
Baked Beans, Broccoli  
Banana & Toffee Cake 1.7,9  
Mr Nourish Biscuit 1 VG  
Yoghurt 3.7, Fruit Pots VG

Roast Pork & Gravy  
Samosa Puff 1 VG  
Rustic Roast Potatoes  
Green Beans  
Carrots  
Crispy Cake 3.7,16  
Mr Nourish Biscuit 1 VG  
Yoghurt 3.7, Fruit Pots VG

Margherita Pizza 1.3,7,9 V  
Loaded Cajun Bean Wedges VG  
Jackets with a  
Choice of Toppings 7.8,9  
New Potatoes  
Sweetcorn, Peppers  
Lemon Drizzle Cake 1.9  
Mr Nourish Biscuit 1 VG  
Yoghurt 3.7, Fruit Pots VG

Chicken Bites 1  
Summer Frittata 7.9 V  
Chips, Peas  
Baked Beans  
Cucumber Sticks  
Caramel Cookie 1.7  
Yoghurt 3.7  
Fruit Pots VG

### WEEK 4

6TH MAY  
10TH JUNE  
8TH JULY  
23RD SEPT  
21ST OCT

Jerk Chicken  
Tomato & Herb Pasta 1 VG  
Jackets with a  
Choice of Toppings 7.8,9  
Sunshine Rice  
Cauliflower, Carrots  
Ice Cream 7  
Mr Nourish Biscuit 1 VG  
Yoghurt 3.7, Fruit Pots VG

Singapore Noodles 1.3,16 VG  
Cheese & Bean Wrap Pocket 1.7 V  
Jackets with a  
Choice of Toppings 7.8,9  
New Potatoes  
Seasonal Vegetables  
Jam Tart 1.6 VG & Custard 7  
Mr Nourish Biscuit 1 VG  
Yoghurt 3.7, Fruit Pots VG

Roast Chicken & Gravy  
Vegetable Toad in The Hole 1.7,9 V  
Rustic Roast Potatoes  
Cabbage  
Peas  
Fruit Jelly VG  
Mr Nourish Biscuit 1 VG  
Yoghurt 3.7, Fruit Pots VG

Penne Bolognese 1  
Rice & Bean Burrito 1 VG  
Jackets with a  
Choice of Toppings 7.8,9  
Baked Wedges, Green Beans  
Sweetcorn, Garlic Bread 1.3,7,9  
Beetroot Cake 1.9  
Mr Nourish Biscuit 1 VG  
Yoghurt 3.7, Fruit Pots VG

Fish Fingers 1.8  
Vegetable Pastie 1 VG  
Chips, Peas  
Baked Beans  
Coleslaw 9  
Vegan Brownie 1 VG  
Yoghurt 3.7  
Fruit Pots VG

**KEY:**  
VG Vegan  
V Vegetarian

#### AVAILABLE DAILY:

Selection of Salads 9,  
Homemade Bread 1,3,7,9.

Some of our schools may use pre prepped potatoes or  
vegetables on occasions. These may contain sulphites  
and celeriac. Please discuss with your manager.



LOOK  
OUT FOR  
OUR THEMED  
DAYS!

SUSSEX ROAD



1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard  
5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg 10 Peanuts 11 Molluscs  
12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten