



Online Parent Workshops

Aimed at parents of children in primary school

Me & My Child: Understanding Resilience 25/11/24 17:30—19:30

[Join the meeting now](#) Meeting ID: 329 316 817 73 Passcode: UB2GiB

Introduction to Understanding Autism 19/09/24 17:30—19:30pm

[Join the meeting now](#) Meeting ID: 355 855 499 154 Passcode: wkNBoA

Understanding Your Child's Behaviour 14/10/24 17:30—19:30pm

[Join the meeting now](#) Meeting ID: 377 376 964 636 Passcode: GqwLsz

Understanding Anxiety 11/11/24 10:30—12:30pm

[Join the meeting now](#) Meeting ID: 394 932 216 638 Passcode: AHqhHt

Understanding Sleep and Autism 11/12/24 10:30—12:30pm

[Join the meeting now](#) Meeting ID: 349 743 314 366 Passcode: G4uNUp

Understanding ADHD in Children 01/10/24 10:30—12:30pm

[Join the meeting now](#) Meeting ID: 394 204 932 86 Passcode: jWCxJX

**Workshop times alternate from term to term*

Our online workshops offer information around key topics to help understand what is going on for your child and strategies to support them, based on the latest evidence and practice.

If you would like to join, please raise your interest with your child's school so that they can send you the link. If you have any questions please speak to your child's school.

Our workshops are held on Microsoft Teams. You do not need an account to join. You will need access to the internet. Currently, this workshop is only available to parents/carers of children attending a EWT/EST school. Please speak to your child's school or check our website for our list of schools. If you require materials in another language or have any other access needs then please email:

EWTandESTenquiries@nelft.nhs.uk

We look forward to meeting you.

